

parana' ci Itaral

ita Itaral hiya ga, turakis ka parana' itan. ungat ka pagiy lu lanlamu' rali' hang. nanak turakis ka nani'un ta.

pakabagan masu' patayuw ka ingkaralan la ga, pasal musa' kumogi' ci raxal ka cici'uli' hang, masu' la ga, tunburax ci turakis la. moka' gagra' na turakis hani ga, ginorow naha ci ka hunloh kukaral hang, mpakaloh ci turakis ma ga, as ki ka pasalun gumoruw ka boyun lu asuw maku' marare' ka pu'ing na turakis, bahlan naha na sinyuw, pugelan naha hang lu pataritun naha pa'aya talibul na kuhu', as ki ka maktugal nanu' matru hari burating sinku' ka tantana' hari' tunburax ka turakis ma. kani ka, pasaring nak kunloh nanu' tunburax ga, tantana' carung macacungus ka rex.

patinburax ga, as ki ka pasal masu' sumetu' ka mpasetu' sasan, ini kani' ci kinsasannan na ga, pasal sumetu' atu' ka mpasetu', laha' ka musa' pasal pakalimu' ci ka lakwaral, be'ni min ci ramas na ingkaralan ma, masu sumetu' la ga, tunburax la, sunsul ming ci pinah pastumuk ci raxal ka utux morow.non ci matikarak la. hala' nanu' ket inrakesan la ga, moka makakahmar ga, halan humorak, pamuhen ci ka matanara'. kani ka matatana' hari' ka inrakesan ni ka turakis ma. as ki ka ini' rogi' musa' kunlalabah ka kaman uri', i, ini' puse' ci ayu' ka nabkis rali' hiya, urasan ka

sun turakis hani, ini' bali'i' gulasuw uri' ga, wahan mapapuruy mani na parit i makabuy luri. wal kumaral ka lakyaya mu "rali' moka' ita' Itaral maga, mamuhi' ta ci tarakis, mani' ta ci tinhar na parit" ma. kani ka nanak laha ka teki' ta. passaring makabuy ka turakis la ga, as ki ka urasan galasun na ci'uli' la, ini galasuy la ga, malalahuluy moh mani ci taku' ka parit la. sangalan su sumecuw ga, wal yona yaba' na bexur maspali' karal bawi' .

kunloh la ga, ini naha si'agal ci keweh kumut uri', as maha pasgali'i ci ka cacka' na puing ni mata'alax nak la.lu, sutuxun pagigan mahur utux kut, silen syaw na atu', halan nak sunli' magal naka mpasali la.masu kunloh ci turakis pugelan nanu' marngu', mana ci pinsipel na amutux, miluw ramas ka sipel, kani ka halan sunku' kuhu' ka pingelan la ma. ini' naha as cuxiy kora' ka turakis, sabilakun naha cunxu' masu mani ci cinxu' la ga, magal ci cacaxun luri ma. ana abas i mpakayanux ong.

(文章大意 僅供參考) ※字數限 200 字

我們的食物小米

小米是泰雅族的主食，種植稻米的技術還沒有傳到山地之前，小米是唯一的作物。種植小米有一定的流程，小米的種子在去年收成時留下來的，播種之前要先祈福才播種，灑下土的小米再由家族人員用小鋤頭覆蓋上泥土，直到小米到小腿肚時再進行疏植，之後繁繁複的除草，期間小米的敵人麻雀也時常光顧。等到米穗成熟，家人們再來收成，等夢占再將今年收成的小米放入穀倉收藏。不會一次完成碾米的工作，需要時再進行碾米的工作。